Steps for CPR







2 Lay the person on their back and open their airways



If they are not breathing, start CPR



4 30 chest compressions



5 Two rescue breaths



6 Continue using
AED & CPR
until you reach
medical help



ThinkSAFE Maldives

www.thinksafemv.com tel: 331-SAFE (331.7233) email: training@thinksafemv.com